

the GLENCOE QUARTERLY

Community Newsletter

Winter 2015-2016

Inside This Issue

Village

President's Message
Sign Up for the Village Alert System
Keep the Wreath Red
Public Works Project Updates
Residential Pool Pumping
Chamber of Commerce News

Park District

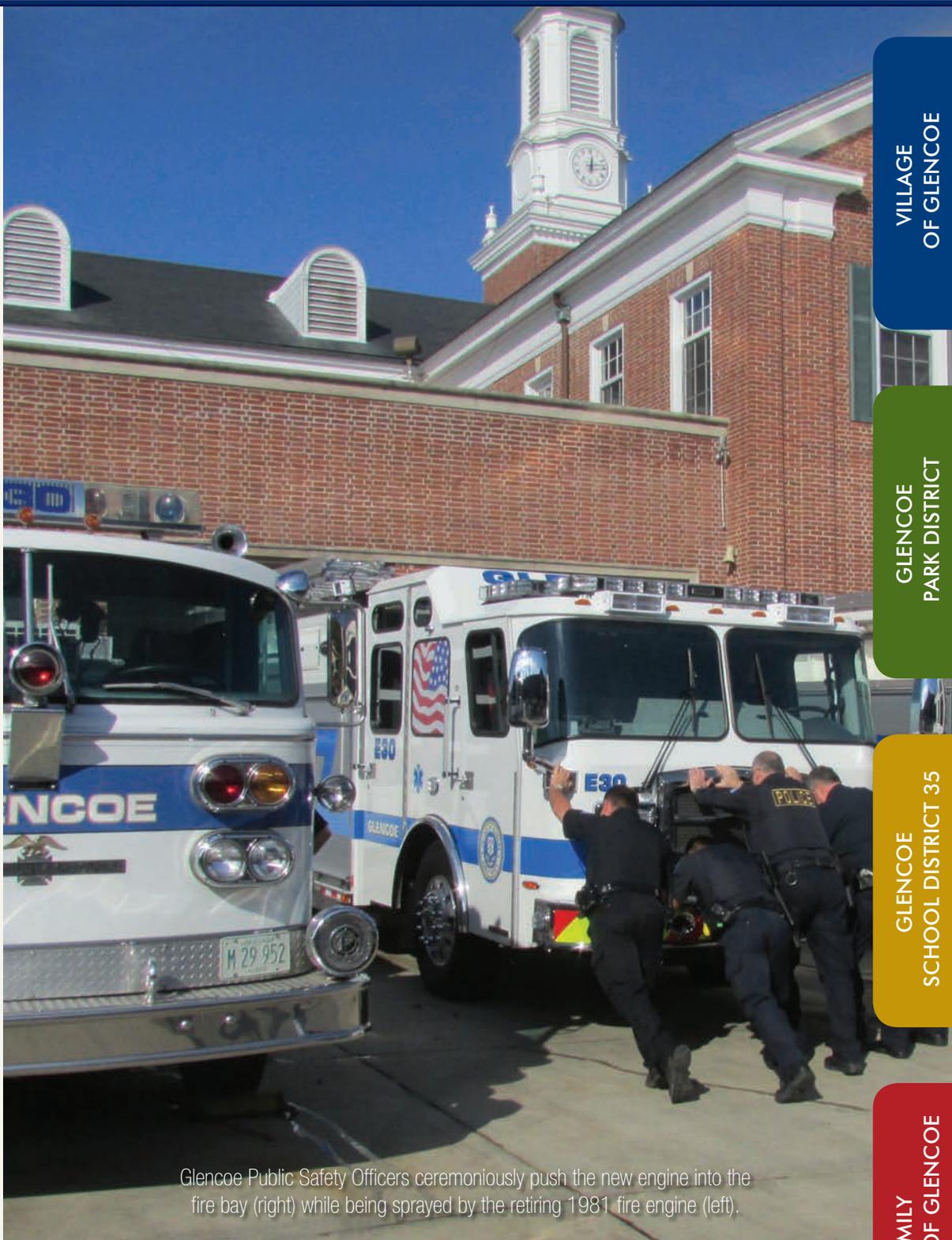
From the Park Bench
Watts Winter Traditions
Extended-Day Preschool
Kalk Park Update
Melvin Berlin Park Update
Winter and Camp Registration
Upcoming Special Events

School District 35

School Board Message
Family Literacy Night
Technology Initiative at Central School
South School Ice Skating
The Sounds of Music
Pink Day
Veteran's Day Activities

Family Service

Executive Director's Message
The Faces of FSG
Giving in a Material World
Glencoe Community Holiday Drive
Ask the Therapist
Holiday Gift Ideas



Glencoe Public Safety Officers ceremoniously push the new engine into the fire bay (right) while being sprayed by the retiring 1981 fire engine (left).

Public Safety Welcomes Engine 30!

Read more on page 3.

VILLAGE
OF GLENCOE

GLENCOE
PARK DISTRICT

GLENCOE
SCHOOL DISTRICT 35

FAMILY
SERVICE OF GLENCOE



Village President

Lawrence R. Levin

Board of Trustees

- Trent Cornell
- Barbara Miller
- Peter Mulvaney
- Scott Pearce
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- Jonathan Vree

Village Manager

Philip A. Kiraly

Village of Glencoe

675 Village Court
Glencoe, IL 60022

Public Works: 847-835-4111

Public Safety: 847-835-4112

Finance Department: 847-835-4113

Village Manager's Office: 847-835-4114

Website: www.villageofglencoe.org

Find us on Facebook and Twitter!



Coming Events & Key Dates

Light the Village Lights

Friday, November 27

5:00 p.m. | Park and Vernon Avenues

Saturdays of the Season

December 5, 12 & 19

Downtown Glencoe

Glencoe Community Holiday Drive

Through Friday, December 11

Collection Boxes at Village Hall & Takiff Center

Christmas Day - Village Hall Closed

Friday, December 25

New Year's Day - Village Hall Closed

Friday, January 1

Martin Luther King Day Celebration

Sunday, January 17 | 4:00 p.m.

St. Paul AME Church

Curbside Holiday Tree Recycling

Wednesdays - January 6, 13, 20 & 27

Holiday Lights Recycling

Through Wednesday, April 6, 2016



VILLAGE PRESIDENT'S MESSAGE

Dear Neighbor:

As 2015 draws to a close, it is only natural for each of us to pause to recall memorable moments in 2015, look forward to new memories in 2016, and begin planning for the challenges that lay ahead the New Year. For our Village, one shining memory is the recent retirement of our Reserve Fire Engine and the commissioning of our shiny new Fire Engine.

Retired after serving Glencoe for 34 years, the 1981 LaFrance pumper's history included participating in the 1992 Great Chicago Flood. Although our old engine's new home is the Northern Illinois Fire Museum, it won't be a stranger to Glencoe – you can expect to see it back in town for ceremonies and parades. For more information and photos about the retirement of our old pumper and the commissioning ceremony for our new "work horse," please turn to page 3.

In early 2016, after the final curtain falls at Writers Theatre's Books on Vernon venue, the spectacular new Writers Theatre building with its innovative performance spaces will open. We are eagerly awaiting the opening of this wonderful amenity and beautiful attraction in our downtown.

The Village Board recently received an excellent presentation from Plan Commission Chair Caren Thomas on the Commission's Downtown TuneUp work. In 2016, the Commission will focus on discussing and developing recommendations to bring to the Village Board this coming spring. I hope all of you will stay engaged in this discussion by visiting the Downtown TuneUp website at www.glencoe tuneup.com.

One important planning tool is the 2015 Village Community Survey, which you recently completed. On behalf of the Village, thank you for taking time to complete the survey. Your feedback is critical to identifying areas for improvement and assisting

the Village in assessing our budgetary and policy priorities for the future. Look for a detailed summary of the survey results in the spring edition of the *Glencoe Quarterly*.

The challenges of 2016 are not insubstantial. The greatest challenge as we develop next year's budget is the uncertain impact the State budget stalemate will have on Glencoe and our ability to provide services. As I write this letter, the stalemate remains unresolved. Our main concern, as I have described previously, is that the State act responsibly, while not diverting for its use to balance the State's budget, revenues vital to Glencoe and other local governments. The impasse has so far stopped payment to local governments of the use tax, motor fuel tax and the wireless E-911 surcharge and continues to threaten our share of the State's income tax. Unfunded State mandates continue to eat up large chunks of your tax dollars.

We have remained in close contact with our local legislators on these issues. The continuing uncertainty as to whether lost revenues will be restored or other revenues will be diverted to the State, underscores the need for the Village to develop a budget that maintains core services and plans for our future needs, while taking into account the many varying possible State scenarios.

The Board begins the next phase of its Budget review in December, with several meetings scheduled over the next few months and concluding with the Village Board's consideration of the final budget at its February meeting. Information on these meeting dates may be found on the Village's website at www.villageofglencoe.org. I encourage you to participate in these discussions, and to reach out to me or our Village staff with questions or concerns.

On behalf of the Village Board and staff, I wish you and yours a joyful holiday season, and we look forward to exciting things to come in 2016. And remember, when shopping for the holidays this year, shop Glencoe First!

Sincerely,

Larry Levin

Village President



Holiday Refuse and Recycling Collection Schedule

THANKSGIVING - Week of November 23-27, 2015

Thursday Collection will be on Friday, Friday Collection will be on Saturday

CHRISTMAS - Week of December 21-25, 2015

Thursday Collection will be as usual, Friday Collection will be on Saturday

NEW YEAR'S - Week of December 28-January 1, 2016

Thursday Collection will be as usual, Friday Collection will be on Saturday

MARTIN LUTHER KING DAY - Week of January 18 - 22, 2016

Monday Collection will be on Tuesday, Tuesday Collection will be on Wednesday

Public Safety Celebrates the Arrival of a New Fire Engine



On November 5, 2015, Glencoe took delivery of a new fire engine; its 10th motorized fire engine in the last 100 years. With the delivery of the new E-ONE Typhoon engine, the current reserve fire engine, a 1981 American LaFrance Century Edition pumper, was donated to the Northern Illinois Fire Museum (www.nifm.net) located in Marengo, Illinois. At the museum, it will be maintained and displayed with pride by the dedicated volunteer museum staff and provided back to Glencoe for ceremonies and parades.

A small ceremony was held to celebrate the arrival of the new engine and the retirement of the old engine. The ceremony included members of the Glencoe Historical Society, local media, residents, local firefighters, and current and retired Glencoe Public Safety Officers. n

Sign Up for the Village Alert System!

Sign up today to receive emergency and non-emergency alerts from the Village through Glencoe Connect. All home phones are automatically subscribed for **emergency** alerts only. Signing up allows you to also receive **emergency and non-emergency** alerts to cell phone and work phone numbers and also by text message and email. Non-emergency alerts have been used to share road construction updates, power outage updates after storm events, messages from the Department of Public Safety regarding residential burglaries, and more. If you had not already opted in and created a personalized account for Glencoe Connect you would miss out on these important messages!

Visit www.villageofglencoe.org to sign up today - click "Sign Up for Glencoe Connect" in the bottom right corner of the Village homepage, then click "Don't have an account? Sign up" at the bottom of the page. To date, about 25% of Glencoe households have signed up. Remind your friends and neighbors to sign up! n

Keep the Wreath Red, Have a Fire-Safe Holiday

The *Keep the Wreath Red* program is an annual campaign aimed at increasing the awareness of fire safety while decorating your home for the holidays.

Hung outside the Public Safety Department is a wreath strung with red lights. The wreath remains lit twenty-four hours a day during the holiday season. If a fire occurs that is determined to be the result of a holiday decoration, a white bulb replaces a red bulb on the wreath. The hope is that the wreath will serve as a constant reminder to practice fire safety while displaying holiday decorations. Here are some additional holiday safety reminders:

- Artificial trees are safer than real trees.
- If purchasing a real tree, select one which is deep green in color and has a strong scent of pine.
- Keep extension cord use at a minimum.
- Use only lights which are approved by a national testing laboratory such as Underwriters Laboratory (UL).
- Do not use indoor lights outdoors.
- Do not overload electrical outlets or circuits.
- Do not leave candles unattended.
- Keep candles away from combustible materials.
- Trim all candlewicks to one-quarter inch and extinguish all candles prior to the burning of the last half-inch of wax.
- Make sure your fireplace is in good working order and that the chimney is free from obstructions and creosote build-up. Holiday wrappings and tree branches are not to be burned in the fireplace. Their intense and rapid burning can cause chimney fires and flames to extend out of the firebox and into your home. n



Interested in Village Affairs?

The Village invites you to become more involved in your community and to share your talents to help keep Glencoe the wonderful place that it is. From special events and holidays to boards and commissions, resident volunteers play a vital role in the success of the Village. Presently, there are nine boards and commissions to assist the Village Board in its decisions and to address specific projects, policies and issues. The Village Board is always seeking interested residents to serve in these capacities. Serving on a board or commission requires work and commitment, and can be a very rewarding experience. The most important qualifications for serving are an interest and willingness to serve. If you are interested in being considered for appointment, please visit at www.villageofglencoe.org to view a list of current commissions, general service requirements and to obtain an application. Completed applications, which may be supplemented with a resume or a letter of interest, may be returned to the Village Manager's Office at Village Hall, 675 Village Court, or emailed to info@villageofglencoe.org. Applications are welcome at any time and will be kept on file in the event of future vacancies. n

Tee Time

with Stella Nanos
General Manager

Glencoe Golf Club

621 Westley Road | 847-835-0250
www.glencoeclub.com



Dear Glencoe Residents,

The Glencoe Golf Club staff would like to thank you for your ongoing support as we conclude another successful golf season. Although it is cold outside, it is the ideal time to consider gifts for the holidays, to improve your golf swing and plan your tee times for next year's golf season. The Glencoe Golf Club can accommodate all of your golfing needs.

Give the gift of golf during the holiday season! The Glencoe Golf Club has gift cards available for sale in person, online or over the phone. The gift cards can be redeemed for greens fees, private lessons or merchandise. Fulfill your golfer's wishes from the comfort of home; gift cards purchased remotely will be mailed out for your convenience.

The Glencoe Golf Academy will be teaching indoor lessons this winter utilizing video analysis and a FlightScope 3D simulator. Winter lesson packages as well as clinics and special rates for junior golfers are available. Schedule your lesson today by contacting one of the PGA teaching professionals on staff.

This is the year to treat yourself to a guaranteed round of golf every weekend at your neighborhood golf course. Permanent weekend tee time packages are now available for the 2016 season. The membership package includes 19 weeks of reserved weekend tee times beginning in May. If you are a single or twosome looking to join a group, please contact the golf shop to be put on a pairing list.

Summer golf camp registration is now open!! The Glencoe Golf Club will be offering camps for junior golfers of all ages and ability levels. Our professional staff will concentrate on the fundamentals of the game while offering students the unique ability to test their swings on the golf course. Sign up today to guarantee your child's participation on the most popular summer camp dates.

I hope you enjoy a safe and happy holiday season.

Very truly yours,

Stella Nanos



Snow & Ice Control: Important Facts and Information for Residents

The Village's Snow and Ice Control Plan is implemented each year by the Public Works Department with the goal that all streets are cleared and in a safe and passable condition within eight hours following the conclusion of any snowfall event. The Plan divides the Village into six separate plowing and salting routes. Within each route, streets are assigned a priority with the objective that major streets are cleared first followed by side streets and cul-de-sacs.

The Village Plows and Salts Streets on a Priority Basis. *Priority One* streets, which include Dundee Road, Sheridan Road, and Green Bay Road are cleared and salted first to maintain these routes for all vehicular traffic. Side streets, or *Priority Two* streets, are cleared next and salt is used primarily at intersections, curves and hills. The Village's policy is to limit salt usage where possible to reduce the impact on infrastructure, equipment and the environment, while still maintaining safe winter driving conditions. Cul-de-sacs and dead end streets are *Priority Three* streets and are plowed using smaller trucks.

Residential sidewalks are plowed by the Village only after a snowfall of three or more inches. Like street plowing, priority is given to sidewalks along major street routes and sidewalks around schools and in the downtown business district. Residents are encouraged to clear snow from the sidewalk around their homes.

Driveways are often impacted by snow removal efforts on the street. Village crews will try to clear snow to the curb as soon after the storm as possible; however, during heavy snowfalls, plows may run as many as three or four passes to clear snow, resulting in snow being pushed across the base of all driveways. Also, remember to throw snow being removed from your driveway to the "downstream" side (the right side as you face the street). This will reduce the impact that street plowing has on your driveway access.

Winter Parking Restrictions: Parking on Village streets during a snow emergency is prohibited by Village Ordinance. A snow emergency is any accumulation of two or more inches of new snow/ice in a 24-hour period. Vehicles parked on the street make it difficult for Village crews to plow and to clear streets effectively. Please assist by keeping the streets clear.

Keep Fire Hydrants Clear of Snow: The Village asks that residents help to keep fire hydrants accessible for the Public Safety Department by clearing space around all sides of any hydrant in proximity to your home as you complete your shoveling or snow blowing. Your private contractor can help in this effort as well. Fire hydrants that are buried or blocked by piles of snow may result in the Public Safety Department not being able to locate the hydrants in a timely manner during emergency situations.

For more information regarding the Village's snow and ice control practices, please contact the Public Works Department at 847-835-4111.

Visit the Village Website for More Information on:

**ComEd Smart Meters Coming to Glencoe
Holiday Tree and Light Recycling Programs
Community Survey Results**

www.villageofglencoe.org

Public Works Project Updates

Glencoe Drive Water Main Improvement

Water main replacement is an ongoing component of the Public Works Department's infrastructure improvement program. Segments of water main in the Village's distribution system are identified and prioritized for replacement through periodic distribution system studies, as well as historical performance records. The block of Glencoe Drive between Lincoln Avenue and Tudor Court was upgraded this fall with a new 8-inch water main that eliminated a dead-end segment and improved the pressure and fire flow for the residential properties on Glencoe Drive, as well as the north end of the downtown on Tudor Court. This new water main was put into service in late October.

Sheridan Road Resurfacing Improvement

IDOT initiated work in October on a \$4.5 million maintenance resurfacing improvement on Sheridan Road from Lake Cook Road to Winnetka Avenue through the Villages of Glencoe and Winnetka. In addition to grinding and resurfacing of the roadway, new bicycle and shared lane pavement markings and bicyclist informational signage were installed as safety enhancements for the entire length. All resurfacing in Glencoe was completed in mid-November.

Storm Water Improvements

Engineering design is underway on the first phase of the storm water improvements approved as part of the 2015 bond referendum approved by voters in April 2015. The Terrace Court and Skokie Ridge Basin improvements will be bid in early 2016 and include upgrading the storm sewer system capacity in each basin to the 100-year storm event by increasing the size of storm sewer pipe in those neighborhoods. Construction will commence in spring 2016 and is expected to be complete by the end of summer. Also planned for completion in 2016 is the storm sewer and grading improvements planned for Hazel Avenue east of the Public Safety ramp to the Village Hall. Affected neighborhoods will be contacted with more information once construction timelines are finalized.

Village Hall HVAC Upgrades

Design work is underway on upgrades to the heating, ventilation and air conditioning (HVAC) system in Village Hall. The improvements will include a new centralized system that will better address temperature control issues and energy efficiency and replace aging infrastructure. The Village Hall was constructed in 1956 and is home to the offices for the Village Manager, Finance and Public Works Departments, Family Service of Glencoe, and houses the Public Safety Department. It is the only public building in the Village that remains in operation 24/7. The project is expected to begin in early spring 2016 and last 12 months. During this time the building will remain open as usual, however residents may experience some minor disruptions. n

Residential Pool Pumping Requirements

In September, the Village Board approved an ordinance amending the Village Code regarding the proper discharge of swimming pool water. All pool owners are required to obtain an annual permit from the Village for the opening and closing of residential swimming pools. The Village's pool pumping regulations require all pool pumping to be discharged to the storm sewer system to reduce the potential for overcharging the sanitary sewer system and causing basement flooding. The permit regulations further require that all pool water being discharged to the storm sewer be dechlorinated and pH neutral, and contractor performing the work is required to submit test results to the Village to confirm compliance. The Village's pool pumping regulations are in compliance with the Village's National Pollutant Discharge Elimination System (NPDES) permit, and the Clean Water Act.

All swimming pool owners in the Village are required to obtain an annual Village permit. Pool pumping contractors working without a permit or found to be in violation of the Village's pool pumping regulations will be subject to fines and loss of future permit privileges. Questions should be directed to the Public Works Department at 847-835-4111. n

Glencoe Chamber of Commerce News

Holiday Happenings in Glencoe

Glencoe kicks off the holidays with the traditional **Light the Village Lights** on Friday, November 27 at 5:00 p.m. at the intersection of Park and Vernon Avenues. Then the next day, November 28, over a dozen of our businesses are offering residents and visitors discounts and promotions to celebrate **Small Business Saturday**. In Glencoe, small business is BIG business! Please see the pull-out flyer in the *Glencoe Quarterly* for all the participating stores' offers. Don't miss this opportunity to do your holiday shopping.

The Chamber of Commerce keeps the festivities going in December with our **Saturdays of the Season**, December 5, 12 and 19. Come to the uptown business district to enjoy treats, music, singing and Santa; plus, a Glencoe favorite is returning: **HORSE-DRAWN WAGON RIDES** on December 19. See the Chamber's flyer for details, and look for posters around town, ads in the *Glencoe News* and the Chamber website for updates on these events (www.glencoechamber.org).

Throughout this holiday season, be sure to patronize our stores and businesses. They will be stocked with gifts, entertaining needs, decorations, foods and beverages—whatever you need to make your holidays delightful. It's close, convenient and stress-free to "Shop Glencoe". Remember that a portion of your sales tax is returned to Glencoe, so you are also helping the Village when you "Shop Glencoe."

The members of the Glencoe Chamber of Commerce wish you, your family and friends a very happy holiday season. n

New Business Spotlight...

The Wild Child



Business Name: The Wild Child

Address: 657 Vernon Ave., Glencoe IL 60022

Hours: Monday–Saturday; 10 a.m.–5 p.m.; Sundays/Holidays; by appointment

Phone: 847-835-3400

Website: www.facebook.com/wildchildglencoe

The Wild Child is a new retail toy store, offering a variety of toys, jewelry, candy and costumes for children ages 0 to 15. The store, which opened in late October, is owned by Glencoe resident and mother of two, Gretchen Miller, who says her selection of European-crafted toys sets the Wild Child apart from other toy stores. In addition to the items offered for sale, the store also offers free gift wrapping and wish list fulfillment for birthdays and holiday celebrations. Miller, who has a background in sales, said she wanted to open a store dedicated to kids in downtown Glencoe and is thrilled to be open for business. Be sure to stop by and patronize this new Glencoe business! n

Board of Park Commissioners

Seth Palatnik, President
Dudley Onderdonk, Vice President
Lisa Brooks, Treasurer
Steve Gaines, Commissioner
Andre Lerman, Commissioner

Executive Director

Lisa Sheppard, CPRP

Glencoe Park District

999 Green Bay Road
Glencoe, IL 60022

Phone: 847-835-3030

Fax: 847-835-7972

Website: www.glencoeParkDistrict.com



Special Events:

Skate-A-Thon

4-6 p.m. | Friday, November 27
Watts Ice Center

FREE! Merry & Bright Flashlight Night

6-7:30 p.m. | Friday, December 4
Takiff Center

Family Skate: Hawaiian Night

7-9 p.m. | Friday, December 11
Watts Ice Center

Itty Bitty New Year

11 a.m.-12:30 p.m. | Thursday, December 31
Watts Ice Center

Teen Skate Nights

7-9 p.m. | Fridays, January 15 & February 12
Watts Ice Center

FREE! Watts Below Zero

10 a.m.-12 p.m. | Monday, January 18
Watts Ice Center

FREE! Messy Morning Preschool Open House

9:30-11 a.m. | Saturday, January 30
Takiff Center Rooms 208-224

NEW! Paint & Sip

6:30-8:30 p.m. | Friday, February 19
Takiff Center

Blackhawks Night

7-9 p.m. | Friday, February 5 | Watts Ice Center

Daddy/Daughter Dance

5-7 p.m. | Sunday, February 28 | Takiff Center



FROM THE PARK BENCH

Dear Glencoe Friends and Neighbors:

Whenever I meet a Glencoe resident, I'm reminded of the great tradition that exists in our community. Without fail, each new friend states their name, along with the number of years they have lived in Glencoe. Often, the introduction includes a fond memory of Glencoe Park District summer camp, skating at Watts as a child, or family visits to Glencoe Beach. As much as I enjoy hearing each individual's memories, I like to remind those individuals that Glencoe Park District is a place to enjoy at ANY age. This year, our focus is on creating programs and services to meet the needs of our active adult population. From fitness programs to art classes, we want to create new memorable experiences for our adults. I invite you to share your ideas at our Active Adult Focus Groups on January 26. If you would like to attend the 10 a.m. or 6:30 p.m. focus group, please RSVP to jrunkel@glencoeParkDistrict.com.

Watts Ice Center kicks off the skating season the day after Thanksgiving, with our annual Skate-a-Thon. The family-friendly day invites you to skate for a cause, as proceeds from the day will be given to Ann & Robert H. Lurie Children's Hospital of Chicago. Generations of Glencoe families have enjoyed skating among the trees at this unique facility, which is the home of figure skating lessons, ice hockey, and recreational skating. Lace up your skates and meet us on the ice this season at Watts!

Although it goes unsaid, one of the most "Glencoe" structures in our community exists at Kalk Park: Liza's Gazebo. This fall, we learned the Gazebo is deteriorating and structurally unsafe. We've closed the Gazebo and are making plans to revitalize Kalk Park this spring with a new, ADA-accessible gazebo which respects the iconic structure. Kalk Park was identified for improvements in the Park District's Master Plan, and we hope Kalk Park will build a new generation of memories, filled with family picnics, concerts in the park, and community events. If you would like to be part of the design process, I invite you to join one of our community input forums this winter.

In addition to Kalk Park, the Park District is making plans to replace aging playground equipment at Shelton Park and build a new baseball field at Central Park in 2016. As project details progress, updates will be posted on the Park District's website (www.GlencoeParkDistrict.com). If you have specific questions, I invite you to email specialprojects@glencoeParkDistrict.com.

Remember to play! n

Sincerely,

Lisa Sheppard, CPRP
Executive Director



SKATE FOR A CAUSE!
WATTS OPENING DAY
skate-a-thon
4-6 PM | FRIDAY, NOVEMBER 27

Benefiting
Ann & Robert H. Lurie
Children's Hospital of Chicago

Watts Brings Winter Traditions to Glencoe

As winter approaches, Chicagoans anxiously await another exciting season as thoughts of the Stanley Cup and those straggly beards fill our heads. The National Hockey League is in a class by themselves when it comes to great traditions. While the sport of hockey is absolutely dripping with tradition, Glencoe residents can experience the local excitement of winter sports on Glencoe Park District's outdoor refrigerated skating facility at Watts Ice Center's two lighted outdoor rinks. In addition to a regulation hockey rink, a studio rink, a mini-pro shop, a concession stand, a recreation room and a program room, the sledding hill at Watts Park has also been a longtime favorite of Glencoe residents of all ages. This unique facility is the home of figure skating lessons, ice hockey, and recreational skating which brings families together for winter fun.

The season begins on November 27 with the annual Skate-A-Thon that benefits the Ann & Robert H. Lurie Children's Hospital of Chicago. The Skate-A-Thon has served as an excellent opportunity to give back to children and families in need since 2010. Every \$10 admission fee is donated directly to Lurie Children's Hospital. Tammie Whalen, Facility Coordinator at Watts, recognizes this event "supports such a good cause. It is nice to see so many families coming to the Skate-A-Thon." Last year over 20 families joined together to help support the Lurie Children's Foundation, and the Watts staff hope to see even more families out to support the cause from 4-6 p.m. on November 27.

In addition to the Skate-A-Thon, Watts Ice Center has many hockey and skating opportunities for all ages to experience this winter. The focus is on fun as families come together this winter for Family Skate Night on December 11 and Teen Skate Night on January 15 and February 12. A winter highlight will include the Watts Below Zero, a carnival that offers games, dog sledding, ice sculptors, and public skating for all ages on January 18.

Watts staff members feel the positive energy that winter brings to Glencoe. Hockey instructor Brad Bornstein looks forward to the exciting season ahead. "It's great to be outside experiencing hockey and skating and to feel a sense of community within Glencoe." Future Blackhawks players can hone their skills at open skate sessions Monday through Thursday from 3-5:15 p.m. For more information about Watts Center programs, contact David Johnson at 847-835-7979 or djohnson@glencoeParkDistrict.com. n



Extended-Day Preschool Education

Expanding Learning Opportunities for Preschoolers



Many school districts, including Glencoe, are offering Full-Day Kindergarten for the 2016-2017 school year. With this change comes a growing interest in full-day preschool education as well. Many families are looking to extend the preschool day for their child to get used to the routine. The fact that extended-day preschool education can meet child care needs and benefit children's learning is of high interest to both parents and school administrators. Lisa Panizo, Early Childhood Director at the Glencoe Park District, recognizes this growing interest in extended-day preschool education. "I am excited about the opportunity to expand learning opportunities for preschoolers in our community." New for the 2016-2017 school year, Glencoe Park District will offer extended-day preschool options for three and four-year old children to expand their day from 9 a.m.-3 p.m. Parents will continue to have the opportunity to sign up for a half-day preschool program, and can extend their preschool day either before or after preschool with longer enrichment opportunities so that children can attend a six hour school day.

Recent studies link a quality extended-day preschool education with increased school readiness. Students who participate in an extended school day may exhibit significant gains in school socialization and can gain stronger learning skills, which leads to higher academic achievement in the primary grades. In considering the extended preschool day, Panizo is aware of some of the common concerns about this growing trend: demands on children. Some worry that children will lose important time for informal play and exploration. "We believe in the power of play at the Glencoe Park District. Our play-based preschool allows children to gain confidence in their own ideas and independent thinking by engaging in developmentally appropriate creative exploration," notes Panizo. Extended-day preschool enrichment classes such as Math Magic and Movement and Explore and Discover help to promote healthy child development through social, physical, emotional and cognitive growth experiences. These programs allow children to become explorers and discoverers of the world in an environment rich with interaction tools for what comes natural to them.

To learn more about the Early Learning Center preschool program or extended-day enrichment options for your preschooler, contact Lisa Panizo at 847-835-7534 or via email at lpnizo@glencoeParkDistrict.com. Preschool registration for the 2016-2017 school year begins on December 2, 2015. Registration will be accepted via fax, mail, or in-person. Check out www.GlencoeELC.com for further information. n

Kalk Park Update

In the Park District's Master Plan, Kalk Park was identified for improvements in 2016. Liza's Gazebo, the park's most iconic feature, is twenty-six years old. After a structural analysis of Liza's Gazebo, it was determined the structure needed to be replaced. A fence was installed around the gazebo as a safety precaution until the structure can be removed. The Board of Park Commissioners has retained Hitchcock Design Group to develop plans for the property, which will include a new, ADA-accessible gazebo. Glencoe Park District has directed designers to develop a concept which respects the traditional, iconic structure.

If you would like to be part of the design process, please join one of our community input forums this winter. Project information will be posted on www.glencoe parkdistrict.com as it becomes available. To contact a Park District representative about Kalk Park, please email specialprojects@glencoe parkdistrict.com or call 847-835-3030. [n](#)



Melvin Berlin Park Update

At their October 20 meeting, the Glencoe Park District Board of Commissioners unanimously approved a final donation and naming rights agreement with Glencoe resident Andrew Berlin. The donation agreement calls for a \$1 million donation to the Park District to enhance Central Park. In exchange, the park will be renamed after Berlin's father, Melvin, who served as a Glencoe Park District Commissioner in the 1970s.

Hitchcock Design Group, the landscape architect group retained to create conceptual plans for the park, was hired to finalize design plans. The initial conceptual plans include an enhanced irrigation system, changes to the netting, fences, dugouts, spectator seating, a new scoreboard, and a new bathroom/picnic shelter.

The Park District will solicit public feedback on the final designs when completed. The final designs are expected to be complete this winter.

Construction is slated to begin in June, once Central School closes its doors for the summer. Games at Melvin Berlin Field will start in Spring, 2017. [n](#)

Share your ideas!

Want to see more fitness classes?

Looking for more activities to enjoy?

Join our Active Adult Focus Group at 10 a.m. or 6:30 p.m. on Tuesday, January 26 at the Takiff Center. Enjoy coffee as we focus our conversation on what YOU want to see at the Glencoe Park District. Please RSVP to jrunkel@glencoe parkdistrict.com or 847-835-7531. [n](#)

Winter & Camp Registration Starts December 2



Try something new in 2016! From Mah Jongg and Mobile App Development to Knitting and Fencing, Glencoe Park District offers a wide variety of new programs to start in the new year.

When you see a program or special event that interests you, sign up! Many of our programs are very popular, and waiting until the last minute may result in a full class, insufficient enrollment, or class cancellations. Registration for winter programs begins at 7 a.m. on December 2 and classes start the week of January 4.

Thinking about summer already? Glencoe Park District's Summer Camp preview is available in the winter guide and registration opens December 2. Glencoe Park District offers camp options for children age 2 through Grade 9. This year brings back many of your favorite activities and special events, as well as new field trips, special events, extended hours, and multiple session options. Register online by February 29 to lock in the Early Bird Camp Discount Rate!

Registration is accepted online at www.glencoe parkdistrict.com as well as in-person, by mail, or by fax. However, online registration is the BEST way to ensure your registration. In order to access the online registration on December 2, we suggest setting up a household account in advance and confirming your username/password are correct. That way, on December 2, you will be able to log in, click on the programs you want, enter your credit card payment, and confirm your registration immediately. [n](#)



Upcoming Special Events

Skate-A-Thon

4-6 p.m. | Friday, November 27 | Watts Ice Center

Skate for a cause! Your \$10 admission goes to help further the good works of Ann & Robert H. Lurie Children's Hospital of Chicago.

FREE! Merry & Bright Flashlight Night

6-7:30 p.m. | Friday, December 4 | Takiff Center

On a dark night in December, we'll use flashlights to search for treats and prizes! We'll also decorate festive bags, listen to a story, and enjoy hot cocoa. Recommended for children ages 2-8; please bundle up and bring a flashlight!

Family Skate: Hawaiian Night

7-9 p.m. | Friday, December 11 | Watts Ice Center

Island music, flower leis, and tropical snacks will make you remember warm weather again! The whole family is invited to a Hawaiian open skate and broomball night.

Itty Bitty New Year

11 a.m.-12:30 p.m. | Thursday, December 31 | Watts Ice Center

\$6/11 R/NR (per child; no season passes) | Activity: 320825-01

Ring in the New Year with dancing, crafts, and a countdown at noon, complete with a balloon drop! Kids fee includes admission to open skate, which starts at 12:30 PM (skate rental \$4). Advanced registration required by December 26; recommended for children ages 2-6.

Teen Skate Nights

7-9 p.m. | Fridays, January 15 & February 12 | Watts Ice Center

Skating, broomball, and music! Bring your friends for a fun night on the ice.

FREE! Watts Below Zero

10 a.m.-12 p.m. | Monday, January 18 | Watts Ice Center

Celebrate everything winter with skating, games, dog sled demos, ice sculpting, and more! Throughout the day, we'll be giving away Blackhawks memorabilia!

FREE! Messy Morning Preschool Open House

9:30-11 a.m. | Saturday, January 30 | Takiff Center Rooms 208-224

Learn about the wonderful Glencoe Park District preschool programs while exploring our classrooms. Your child will get to squeeze, squish, paint, swat, and do all the fun stuff you would never try at home. No need to pre-register; just put on your oldest duds and drop in for a messy good time! Recommended for preschoolers, up to age 5, and their families.

NEW! Paint & Sip

6:30-8:30 p.m. | Friday, February 19 | Takiff Center | \$50/55 (per person)

Grab a friend for an evening of painting and wine tasting! New and seasoned artists welcome, no experience or supplies necessary! Must be over 21 to attend; advanced registration required.

Blackhawks Night

7-9 p.m. | Friday, February 5 | Watts Ice Center

Let's skate with Tommy Hawk! Wear your team colors and join us for a night dedicated to Chicago's favorite hockey team! Throughout the night, we'll be giving away Blackhawks tickets and memorabilia!

Daddy/Daughter Dance

5-7 p.m. | Sunday, February 28 | Takiff Center | \$95/105 per couple (Activity: 320846-01); \$30 each additional child (Activity: 320846-02)

Join us for a magical evening! Enjoy a delicious buffet, dance to a DJ, and make memories with your favorite little girl! Advanced registration required by February 14. Recommended for girls ages 2-7 years and their special guest. Advanced registration required. n





Glencoe District

SCHOOL BOARD MESSAGE

Board of Education

- Mrs. Julie Ackerman
- Mr. Robert Bailey
- Mr. Edward Chez
- Mrs. Jean Hahn
- Dr. Marc Glucksman
- Mr. Gary Ruben- President
- Mr. Michael Sherman

Superintendent

Catherine Wang

Contact Information

Board of Education
 Glencoe School District 35
 620 Greenwood Avenue
 Glencoe, IL 60022

Phone: 847-835-7800
 Fax: 847-835-7805

Website: www.glencoeschools.org



Coming Events:

South School Family Literacy Night and PTO Book Fair

Wednesday, December 2
 Reading Event: 6:00 – 7:00 p.m.
 Book Fair: 5:00 – 7:00 p.m.

West School Chorus Club Concert

Thursday, December 3
 6:30 p.m. | Misner Auditorium

6th Grade Dinner and Music Concert

Tuesday, December 15
 Dinner: 6:15 p.m. | Concert: 7:00 p.m.

Winter Break

Monday, December 21 – Friday, January 1

Glencoe Junior High Project Play

Thursday, January 28 – Sunday, January 31

PTO South School Movie Night

Friday, February 5

Teacher Institute Day & South Parent Teacher Conferences

Friday, February 12 | No School for Students

Presidents Day

Monday, February 15 | No School

5th Grade Sharing Concert

Thursday, February 18
 6:30 p.m. | Misner Auditorium

Dear Parents and Community Members,

The 2015-2016 school year is in full swing, and along with the cooler temperatures we have seen many significant changes in our schools. In addition to our new superintendent, Dr. Wang, we now have a beautiful new organic garden at West School integrated with the science curriculum, a remodeled front entry at South School to enhance safety, and iPads in the hands of all seventh and eighth graders.

Our District also has another significant change on the horizon. In September, the Board approved the full-day kindergarten option starting with the 2016-2017 school year. This important change enables our District to better fulfill our mission for our youngest learners. According to our Mission Statement, our District’s mission is “to provide each child with an educational foundation for life-long learning as a socially responsible member of a global society by dedicating resources toward the development of the whole child within a secure school environment.”

We are now moving forward with planning for implementation of a full-day kindergarten program that will provide a more balanced kindergarten experience that supports the whole child in all areas of development in line with our Mission Statement. Our administrative team has been hard at work!

As a start, the administrative team moved kindergarten registration from February to October in order to solicit the community’s interest in full-day kindergarten. According to Illinois law, school districts that provide full-day kindergarten must also provide a half-day option. After a successful enrollment day, we currently have 108 students registered who requested full-day kindergarten, and no families who requested half-day kindergarten. Based on these numbers, we anticipate having six sections of full-day kindergarten in the fall, and the administrative team will continue to monitor enrollment.

Space considerations at South School have been a critical part of both the decision-making process and future planning for full-day kindergarten. With the Board’s support, the administrative team spent months reviewing various alternatives, ranging from creative use of the existing South School footprint to constructing additional new classrooms. Ultimately, we concluded that the best and most fiscally responsible course at this time is to make better and more efficient use of the existing footprint.

Thus, in order to have classroom space for six full-day kindergarten classes, we are planning a few moves in the building. Further, we are working with an architect on a redesign of the Crawford Learning Center (CLC) that will create two additional classroom spaces that can be used for various purposes. Importantly, this planned redesign of the CLC will also enhance the learning of all South School students by utilizing the CLC space more effectively for 21st century learning. This renovation is scheduled for next summer.

Our administrative team has been hard at work planning for full-day kindergarten with the focus on our mission of the development of the whole child. Importantly, we plan to continue to have a teacher plus a teacher associate in each kindergarten classroom, and thus we will need additional teachers. Our administrative team is also working on the development of a thoughtful and age appropriate schedule to achieve a more balanced day for our kindergarteners. This schedule will help us, among other things, to meet the academic and social needs of individual students more effectively, to spend more time on Social Emotional Learning (SEL), to provide more small group learning opportunities, to provide time for structured play, and to spend more time on specials like art, music, and physical education. Our administrative team has been busy researching and planning, including visits to other schools to learn about successful full-day programs. This is a very exciting time for our District!

Please consider attending one of our monthly Board of Education meetings. We typically meet the first Monday of each month at 7:00 in Young Auditorium. The Board is grateful for the community’s continued support. n

Sincerely,

Julie B. Ackerman

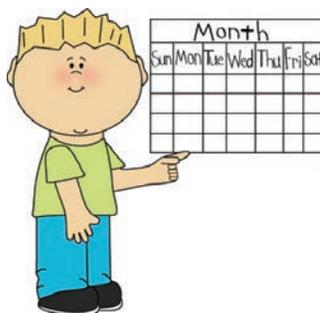
South School Family Literacy Night and Book Fair



South School students and parents are invited to a Family Literacy Night on Wednesday, December 2nd. Reading activities are planned from 6:00 – 7:00 p.m. and the PTO Book Fair will be open from 5:00 p.m. – 7:00 p.m. These events will be held at South School. The South School Book Fair will also be open on December 3rd and 4th from 8:30 a.m. – 3:30 p.m. The Central School Book Fair will be on February 17th – 18th. [n](#)

2016-2017 School Calendar

The Board of Education will approve the 2016-2017 school year calendar at the December Board meeting. Each year the District Calendar Committee meets to draft a proposed school calendar for the coming year. Members of the committee include teachers, teacher associates, and administrators. Following Board approval, a one-page calendar reflecting major events and breaks for the coming school year will be posted on the District web page www.glencoeschools.org. [n](#)



1:1 Technology Initiative at Central School

Throughout July and August our 300 seventh and eighth grade students, along with 50 staff members, came to Central School to set up their iPads to launch our 1:1 technology initiative in Glencoe Schools. Students began the year with training on core academic apps as well as digital organization skills. As we are well into the second quarter, we have witnessed positive impact with our students and staff as we integrate this technology into the classroom. The iPads have changed the way students interact with the content and how students and teachers are able to collaborate on the learning activities.

What are the teachers saying?

“In my Drama classes students write a script together as a group. For years, one person from the group would write feverishly while the rest of the group would be unengaged. Now, with the iPads and a Google doc, students can all be writing and editing the same document at the same time, so they’re all engaged!”

Rachel Loos, Music and Drama teacher

“Use of all our new technology, including iPads and apps like Google Earth has been an amazing and transformative process... Teachers can use Google Earth to present Social Studies lessons in ways that they have only dreamed of before. Students can use Google Earth to understand Geography three dimensionally and ‘virtually tour’ locations we are reading about and discussing in class. All of this enhances student thinking about the past by making connections to the world we live in today.”

Mark Barry, Social Studies teacher [n](#)



8th graders use Google Earth to analyze how the French were able to use the terrain to defend their town during a battle in World War I.

South School Ice Skating

Each January South School students enjoy a four-week ice skating unit. One day per week the classes walk to Watts ice skating rink and learn on the ice in lieu of their physical education class within South School. Physical Education teachers Mr. Cletus Short and Mrs. Hilary Lee lead the classes with engaging drills and practice to address balance, spatial awareness and cardiovascular health. Our kindergarten students learn the basics of gliding, stopping and safely falling down. Our first and second graders build upon these skills and learn to turn, stop and become more comfortable on the ice. Students and staff members enjoy the fresh air and the unique experience of skating with classmates. Parents...mark your calendar! This unit will begin on January 13th and continue each Wednesday and Thursday through February 4th. Parent volunteers are critical to ensure all skates are well tied and students are ready to enter the rink. We thank the Glencoe Park District for working cooperatively with South School to support this unit of study. [n](#)



The Sounds of Music



Throughout the school year music can be heard in our school hallways and classrooms. Students are given musical experiences and opportunities beginning in kindergarten and continuing through eighth grade. The goal of our music program is to allow each child to participate in a variety of music experiences, and through these experiences nurture a love and appreciation of music as a medium for expression, creative play and personal achievement. Students develop an understanding, enjoyment and appreciation of music through both listening and performing.

Please join us for the following performances and events in the coming weeks:

West School Music Week:

December 7th - December 11th

West School Chorus Club Concert:

Thursday, December 3rd at 6:30 p.m. Misner Auditorium

6th Grade Dinner and Concert:

Tuesday, December 15th at 6:15 p.m. Central School Gymnasium

New Trier Jazz Festival:

Saturday, February 6th New Trier High School - East Campus

5th Grade Sharing Concert:

Thursday, February 18th at 6:30 p.m. Misner Auditorium n

Pink Day

An International **Say No to Bullying Day** began when two high school students in Nova Scotia, Canada witnessed a new classmate being bullied for wearing a pink shirt.

The two students bought all the pink shirts they could find and distributed them at their school for others to wear and show that bullying wasn't okay. Throughout the world, school communities carry on this tradition by celebrating Pink Day. Our school and community was a sea of pink on November 20th. Please join us for our next Pink Day on February 26, 2016. We encourage students, staff members, and community members to wear pink and **Say No to Bullying.** n

2015 Tax Levy Hearing

The 2015 Tax Levy hearing will be held on December 7, 2015, during the Board of Education meeting. In the Intent to Levy Report, the District 35's Director of Finance and Operations, Jason Edelheit, identified the tentative tax levy as \$25,651,046 for operational purposes, an increase of 6.07% over the 2014 tax extension. This proposed increase is recommended in light of a tax cap limitation of 0.8% (CPI) above the 2014 tax extension. The 6.07%

proposed levy allows for significant new growth, while only increasing existing property taxes, for operational purposes, by the tax cap level of 0.8%.

The tax levy is a request for dollars converted by the county clerk into actual amounts once the value of all old and new property in a school district is determined. Tax cap laws limit the increase to either 5%, or the Consumer Price Index, whichever is less. n

Veteran's Day Activities

Central School students honored our nation's veterans in an all school assembly followed by participation in a service project. Students and staff members met in Misner Auditorium for the program, which included a flag ceremony by Boy Scout Troop 28, a musical number by the Central School 7th and 8th grade band, and a guest speaker. This year's speaker was Glencoe parent, Mr. Robert Sierens. He served as a Captain in the United States Army.

Following the assembly, students worked in grade level teams to create care packages for veterans in various hospitals, homes, and support groups. District 35 thanks Mr. Sierens for his message to the Central School student body, the Kindness Connection for their coordination of the service projects, students in Boy Scout Troop 28, the Central School Music Department for participation in these events honoring our nation's veterans, and the Glencoe PTO for co-sponsoring this event in our schools. n



Parenting in the Age of Social Media

Technology shapes the way we interact with others - our children included. What's age appropriate? What should we avoid? On November 4th, parents of 3rd through 8th grade students joined Glencoe Parent Connection and Glencoe District 35 staff for an informative session on digital tools. Technology Integration Specialists, Amy Holaday and Erica Zuhr, joined Kathy Livingston (Family Service of Glencoe) to share a variety of tips and tools to promote informed decision making for the use of technology in the home. We encourage all parents to take time to reflect and set healthy boundaries for device use. What apps are on your child's phone or digital device? We recommend you take time to sit together and review the apps and set parameters which work for your family. Visit our online posting of the presentation and additional useful tips for parents:

<https://sites.google.com/a/glencoeschools.org/the-good-the-bad-the-ugly/>

Special thanks to Family Service of Glencoe for working together to provide meaningful support to our parent community. n

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and

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EXECUTIVE DIRECTOR'S MESSAGE

Dear Friends and Neighbors:

Martin Luther King, Jr. said "life's most urgent question is, what are you doing for others?" One of my favorite King quotes, this question is particularly relevant and important at this time of year. As the holiday season approaches, I am especially mindful of my moral obligation as a family member, friend, and citizen on this earth to reach out and give to others.

King's message also puts me in a reflective space. When I was eight years old growing up in 1960s Northbrook, a black family moved into a house on our block. As you might imagine, this was a rare occurrence in my hometown, being fairly homogeneous. My knowledge of and experience with other cultures was extremely limited, and this was my neighborhood's first experience of diversity. My mom (another social worker, bless her) knew that this family was going to face some challenges being accepted by the community. She reached out to welcome them, invited them in to our home, and we became friends. It was a powerful lesson to a young boy in the spirit of giving and compassion.

At Family Service of Glencoe (FSG), we are here to be of service to this community. Still relatively new to the organization, I am in awe of the staff, board, and other volunteers who live their values of service and giving day in and day out. I am deeply moved by the care and

concern exhibited by this extraordinary group of dedicated people. In my role, I am blessed to have an opportunity to contribute to the impact of the organization on the community. I am equally fortunate to witness personal triumph over challenge and misfortune in the course of our clinical work.

In October, FSG sponsored an event to bring awareness to and start a discussion on the issue of addiction. A young woman and her mother were special guests who shared their story of the daughter's recovery from alcoholism. It was a profound and moving presentation and I felt privileged to be hearing how their family struggled together to address the problem. As alcoholism has been an issue in my own family history, I could relate with compassion to their story, and the courage it took to share such personal information. It was a gift, shared out of a love that was only possible because of the success in recovery the young woman and her family had achieved. It was their way of giving back for all the help they had received from others.

At FSG, we are increasing our capacity to serve youth and adults in recovery through the piloting of a peer recovery model and beginning a new *Smart Recovery* group. At this time of year, we are mindful that there is increased risk due to stress and the question of when social drinking becomes a problem may come up. If you have questions about alcohol or drug use among family or friends, please call us for a confidential consultation. We are here to help.

My very best wishes to you all for a healthy, safe, and *giving* holiday season.

Sincerely,

William (Bill) Hansen, MSW

Executive Director

william@familyserviceofglencoe.org



#SEVENACTS in SEVENDAYS

Consider this a kindness challenge.

COMING TO GLENCOE FEBRUARY 2016.

The Faces of FSG: Cindy Brunson

Tell us about what you do at FSG.

I have been with FSG for 14 years. Right now, I serve on the crisis team. If a teenager runs away, for instance, or if there is a devastating fire, a family conflict, a death, or whenever 911 is called and Glencoe Public Safety anticipates there might be a need for some extra TLC, Family Service is on call to accompany the police to the scene. Whether it is simply to provide a sympathetic shoulder to cry on, or being there to help a family find resources, or to resolve important issues, we are basically there to help people through tough times. Glencoe Public Safety and FSG work very well together, and we share a mutual respect for what the other does.



What is your favorite part of the job?

The best part is when I sense that I've made a positive influence in someone's life. Being on the scene and interacting with the residents of Glencoe is so rewarding. I also love being part of a team that serves and protects the community. FSG is a strong resource for Glencoe, and is always there to help people. I feel very fortunate to work with such a talented and dedicated staff.

How did you come to this line of work?

I had been working for Boeing at O'Hare, doing something completely unrelated. My introduction to the social services profession came when I started doing volunteer work with the juvenile court system, advocating for abused and neglected children. Eventually, I went on to help found CASA Lake County (Court Appointed Special Advocates), in Vernon Hills. One thing led to another. I went back to school for my Masters, and have now been working in this field for more than 15 years.

Cindy has lived in the Chicago area all her life, and raised her daughter and three sons, now all adults, here. In addition to her work at Family Service of Glencoe, Cindy also co-facilitates a domestic violence offender group for Evanston YWCA. She also works at Peer Services in Glenview and Evanston, as a substance abuse counselor. For more information on Family Service of Glencoe's range of services, call 847-835-5111, or visit the website at www.familyserviceofglencoe.org.

Giving in a Material World

The holidays are once again upon us. Everywhere we turn we are reminded that 'tis the season to give, give, give. Consumerism is highlighted on every billboard, decorated in every shop window, and flashed on every television commercial. If we are living in a material world, as Madonna so poignantly sang to us, how do we give responsibly in a material world?

Togetherness. Tradition. This is what we truly long for. What do you remember most about your childhood holidays? Was it the gifts you received? Or was it the time spent with family and friends? This year, take time to make traditions your family will look forward to each winter. Decorate the house. Bake cookies or find special recipes that you only break out this time of year. Visit a nursing home to sing carols. Have a snow football game in the backyard or a family game night. Take a drive to look at holiday decorations. Invite the neighbors to light candles with your family. Make memories.

Research shows that things do not bring us happiness. Gratitude does. Instead of over-emphasizing the gift-giving aspect of the holidays, choose to focus on the special people in your life. Showing love and appreciation for others does not have to deplete your savings account. Write a heartfelt note of thanks to your child's teacher or coach. Go out of your way to say thank you to the mail carrier and garbage collector. Bring a plate of cookies to the crossing guard who always makes sure your child arrives home safely. Model gratitude for your children – this will pay off when they catch on that thanking you for your efforts puts a smile on your face, too. Remember: it is not happy people who are thankful, but thankful people who are happy.

It is obviously not reasonable, however, to expect that you will neither give nor receive any gifts. Grandma and Grandpa want to buy their grandchildren presents. Let them! It brings them joy! This year, consider asking relatives to give the gift of their time. Perhaps they could purchase a museum membership for your whole family or tickets to a sporting event or theatre production to experience with the kids. An aunt or uncle could commit to taking the kids on a monthly movie date. Some families choose to make donations to charities in each other's honor. If you know that your relatives feel compelled to buy your children toys, think about asking your children to collect some items beforehand that they are no longer using to donate to those in need.

Most of all, remember your goals. What do you want to teach your children? It could be a feeling of gratitude, the importance of family time, service to others, or simply the joy of giving another person a carefully selected heartfelt gift. There are many ways to give. Choose the ones that best suit you and your family. Happy holidays! n

The Glencoe Community Holiday Drive

How You Can Help:

- **Toy Drive** – Donate new unwrapped toys to collection boxes at Village Hall or the Takiff Center
- **Food Drive** – Donate non-perishable food items or paper goods to collection boxes at Village Hall or the Takiff Center or purchase at Grand Foods on collection days
- **Care Package** – Purchase a care package at Grand Foods for low-income seniors and disabled adults
- **Giving Tree** - Donate funds or gift cards by depositing into the white Village mailbox, make checks payable to Village of Glencoe and write Holiday Drive in the memo
- **Sponsor a family** - Email glencoecommunityholidaydrive@gmail.com to sponsor a family
- **Volunteer** - Help collect, wrap, sort or deliver gifts by joining **The Glencoe Community Holiday Drive Committee**

Donations will be accepted until December 11, 2015. Email glencoecommunityholidaydrive@gmail.com for more information.

Thank you to Grand Foods for their support! n



Ask the Therapist

My extended family is staying with us for a week over the holidays. While I love my family, we have complicated dynamics. How do I give my best to my guests and take care of myself during this stressful time?

The fact that you recognize the importance of self-care speaks highly of your coping skills. Having extended houseguests does not mean you should completely abandon your regular self-care routines. I encourage you to prioritize and maintain your regular eating, sleeping, and exercise schedules as best you can. You might invite one or more of your houseguests to join you in some of these activities. For example, you might invite your guest(s) to take a walk with you, or to be your guest at the gym for the afternoon. Perhaps you decide to shop together for the healthy ingredients for your family meals. Such activities help maintain your self-care while still providing meaningful opportunities for connection with your family members.

Another key component in “self-care” involves expectations. What are yours? What exactly do you mean by “give your best to your guests”? Do you mean that you believe that everyone should have the “perfect” holiday experience while they are guests in your home? Holding such (unrealistic) expectations can unduly increase the level of stress you experience. Some “cognitive restructuring” can help. Fortunately, this is a simple (but not always easy!) skill that can be learned and practiced over time. For example, you might consciously or subconsciously believe “I have to give my best to my family, and anything less is unacceptable.” Such thought is understandably stress provoking. Modifying your thoughts to be more realistic can help. Thoughts such as “I will try to facilitate meaningful holiday experiences for my family,” and “I can accept and enjoy our family interactions, even when they are less-than-perfect” helps to reduce the pressure, and therefore stress, that you may be inadvertently putting on yourself. Adopting a more relaxed attitude and perspective will help you and your guests benefit from the extended quality connection time that the holiday season provides.

My husband and I have three children under the age of 10. We both work full time outside the home. We constantly juggle schedules for work, sports, clubs, etc. I'm almost dreading the holidays knowing how hectic it will be. How do I give myself a rest during this busy time?

Give yourself credit for thinking ahead. Before you know it the holidays will be here so having a plan for you and your family will help you feel less stressed. If you have family living close by, now is the time to ask them for help. Grandparents, aunts and uncles, even older cousins can help watch your children so you can take some time to get things done. If it's financially possible for you and husband to have a part-time sitter, you could recruit a responsible high schooler or college student who is looking to make some extra money over the holidays.

If you are without help, it'll be important for you and your husband to create some down time during the holidays. Have any personal days stocked up at work? Now might be the time to take one and use it to accomplish some holiday tasks, or simply to take some time for yourself. Get your kids involved in helping around the house as much as possible, especially if you're hosting a holiday meal. Kids under ten generally still enjoy helping out so put them to work vacuuming, dusting, and setting the table. You and your husband can work together dividing the to-do tasks that will help ease the burden.

Finally, there's nothing wrong with taking a time out, refusing a party invitation, or setting aside a day that's just for you and your family. Whether it's staying in and enjoying a movie, or going out sledding, decide what works best for you and your family and do it!

If you have a question for “Ask the Therapist,” please submit it anonymously to sarah@familyserviceofglencoe.org.

◆◆◆
Save the Date:
FSG is Off to the Races



Derby at Dusk

5.14.16

Glencoe Under the Stars Benefit
for Family Service of Glencoe



Holiday Gift Giving Ideas

Have you made your shopping list? Checked off a name or two? Here are some ideas from FSG staff to help you build relationships and create memories through your giving.

Gifts of Learning

- *Siblings: You're Stuck with Each Other So Stick Together* by James J. Crist
- *How to Talk So Kids Will Listen & Listen So Kids Will Talk* by Adele Faber & Elaine Mazlish
- *Rising Strong* by Brené Brown

Gifts of Relaxation and Self Nurturing

- Massage or Meditation Series
- *Love you MOM: Doodle and Dream* by Cristina Rose (A coloring book for adults!)
- Subscription or tickets to live music or symphony
- Creative outlets such as lessons for an adult in painting or piano
- www.gratefulness.org

Gifts of Time

- Drive an elderly friend or relative on errands
- Babysit for a new mother
- Carpool for a stressed out mom
- Help a friend de-clutter a closet

Gifts to Create Memories

- Family games such as Sleeping Queens, Sequence, or The Settlers of Catan
- Museum Membership
- Melissa & Doug Family Dinner Box of Questions
- Children's Cookbook

Gifts of Philanthropy

- Make a donation in someone's honor to FSG or another worthy cause. [n](#)

ECRWSS
Local Postal Patron

Glencoe Historic Preservation Commission Announces 2015 Preservation Award Recipients

As part of the 18th annual Preservation Awards program, nine local projects were recognized for their commitment to preserve and enhance Glencoe's unique character, promote design excellence through scale, context, and innovation, and construct with care and quality craftsmanship. Please visit the Village website to view full details and photos for all nine of the award recipients.

Restoration - 535 Longwood Avenue
Owner: The Bengtsson Family
Architect: R. Scott Javore & Associates, Ltd.



Renovation - 751 Vernon Avenue
Owner: The Mcomber Family
Developers: Daniel, Susan, & Jeffrey Kaye



Addition - 599 Greenleaf Avenue (side porch)
Owner: The Alter Family
Architect: Foster Dale Architects Inc.



New Construction - 786 Greenleaf Avenue (garage)
Owner: The Sanchez Family
Architect: Melichar Architects

